WHAT IS CYBERBULLYING?

CYBERBULLYING: modern day bullying that takes place on the: computer, cell phone, and/or pager text messages.
CYBERBULLYING:

- How to identify it-
- How to avoid it-
- When to report it-
WHY DO KIDS CYBERBULLY?

🎉 Some think it is fun. *(Ridiculous!)*
🎉 Some think since they are online they are invisible and no one will know they are doing it. *(Not true!)*
🎉 Some want revenge for something that was done to them at one time or another.

Can you think of any other reasons?

*There is no good reason for CYBERBULLYING!*
TYPES OF CYBERBULLYING....

- **SENDING** hateful or threatening messages to others.
- **STEALING** someone’s password to chat with others, making offensive statements, but no one knows it is an imposter.
- **FLAMING:** Online fights using electronic messages with angry and/or vulgar language.
- **HARRASSMENT:** *Repeatedly* sending offensive, rude, and insulting messages.
- **TEXT WARS:** Sending thousands of text-messages to the target’s cell phone, resulting in a huge cell phone bill for the target.
- **WEB SITES:** Sometimes the cyberbully creates insulting web sites or posts another’s personal information and pictures.
- **SENDING EMBARRASSING PICTURES** through Email, Texts, Cell Phones, and Instagram.
**STOPPING THE CYBERBULLY…**

- **TELL THE CYBERBULLY TO STOP:** Send a non-emotional but assertive message to the cyberbully telling him or her to stop.
- **USE GOOD MESSAGING MANNERS** - In cyberspace people can’t see facial expressions or hear your tone of voice. They have two ways to judge what you’re thinking; by the words you choose and the manners you use.
- **IGNORE:** block all communications with the cyberbully through email and IM contact lists. Avoid going to the site or group where you have been attacked.
- **CHANGE:** change your email address, account, username, or phone number.
- **TAKE 5 or SIGN OFF:** before sending an IM take a 5 minute break - think about how you are feeling.
- **WATCH** what you put in writing. E-mails and text messages have a way of getting into the wrong hands.
OTHER MEASURES TO STOP THE CYBERBULLY...

- **TALK** to a friend or an older sibling about it. Tell your parents and come up with a plan. Your parents may be able to talk to the cyber-bully’s parents.
- **PRINT** and save the threatening messages.
- **REPORT:** Most **CYBERBULLYING**: violates the ISP’s terms of service. Look at the person’s ISP name in their email address. Report this information to the Internet Service Provider.
Knowing how to avoid and stop CYBERBULLYING will keep your online experience a positive one.

Stay Informed!